# Modern Concepts and Techniques of Periodontal Therapy





Purnima Kumar, DDS, PhD

Homa Zadeh, DDS, PHD

### **Course Description:**

Periodontal therapy has evolved dramatically over the past few decades. Earlier approaches often emphasized pocket elimination, bone recontouring, and systemic/local antimicrobial strategies. Today, the focus has shifted toward biologically driven, minimally invasive, and regenerative therapies. Modern treatment places inflammation control at the core, recognizing that microbial dysbiosis within the biofilm initiates inflammation with both local and systemic consequences.

Drawing from the principles of personalized P4 medicine—predictive, preventive, personalized, and participatory—contemporary periodontal therapy prioritizes tailored, patient-centered care. Rather than relying on aggressive resective procedures, contemporary surgical techniques are designed to preserve tissue, regenerate lost structures, and optimize esthetics. This patient-centered approach not only restores health but also enhances function and smile harmony. The application of various lasers will also be addressed.

Furthermore, managing the esthetic and functional sequelae of periodontal disease—such as pathologic tooth migration and black triangles—requires interdisciplinary collaboration with orthodontic and restorative dentistry.

This intensive 2-day program combines evidence-based lectures, interactive hands-on workshops, and a live surgical demonstration. Participants will gain practical insights and clinical skills to elevate their practice with cutting-edge periodontal therapy that emphasizes regeneration, stability, and esthetics.

## **Educational Objectives:**

Upon completion of this course, participants will be able to:

- Explain current biological concepts underlying periodontal disease progression and wound healing.
- Recognize the central role of inflammation control in achieving predictable long-term outcomes.
- Compare traditional resective procedures with minimally invasive and regenerative surgical strategies.
- Discuss the applications and clinical indications of various ablative and non-ablative laser technologies such as photodynamic therapy in periodontal therapy.
- Review guided biofilm therapy as a minimally invasive initial periodontal therapy
- Apply regenerative surgical techniques through guided hands-on training.
- Incorporate interdisciplinary approaches—including orthodontic and restorative therapies—into comprehensive periodontal care.
- Critically evaluate live surgery to enhance clinical decision-making and technique refinement.

#### **Course Venue:**

VISTA Institute for Therapeutic Innovations

#### **Tuition In-Person:**

\$1495 before January 1, 2026

**\$1695** before February 1, 2026

**\$1895** after February 1, 2026

Free with gold membership

#### Tuition - Remote (Live or On-Demand):

**\$695** before January 1, 2026

**\$795** before February 1, 2026

**\$895** after February 1, 2026

Free with gold and Silver membership

# Registration & Cancellation Policy:

www.learnVISTA.com

# **Course Schedule**

see www.learnVISTA.com for schedule

March 14 - 15, 2026 8:00 AM to 5:00 PM

(16 CE Units)

#### **Education Format:**



**In-Person:** Lectures, hands-on exercises, and live surgery demonstrations.



**Remote:** articipants will have access to all online educational material, including lectures, live surgeries, and workshops—either live or on-demand.

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