

VESTIBULAR INCISION SUBPERIOSTEAL TUNNEL ACCESS (VISTA): Periodontal Plastic Surgery



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VISTA: Periodontal Plastic Surgery

Gingival recession defects are often first noted, because they compromise esthetics or dentinal hypersensitivity. Previously, procedures aimed to treat functional soft tissue defects were referred to as mucogingival surgeries. Periodontal plastic surgery is an approach that includes regenerative and reconstructive procedures designed not only to restore form and function but also to enhance esthetics. One of the major goals of periodontal plastic surgery is to treat gingival recession defects, through an array of classic and novel approaches. Another major objective is to change the periodontal phenotype from thin to thick in an effort to reduce the risk of future progression. This course will review the risk factors that influence disease progression and predict therapeutic outcomes. The rationale, scientific evidence and material selection for various therapeutic approaches will be discussed. In particular, Vestibular Incision Subperiosteal Tunnel Access (VISTA) will be introduced as a predictable technique for periodontal soft tissue regeneration.

EDUCATIONAL OBJECTIVES

Diagnosis:

- Classification of gingival recession defects and relationship to outcome

Risk Assessment:

- Patient and site characteristics
- Management of patient/site risks
- Anatomic considerations and risks

Evidence Based Therapy:

- Efficacy of periodontal root coverage using various techniques and material
- Long-term outcomes

Biology of wound healing:

- Biology of wound healing using various graft material

Material Selection:

- Sources of autogenous tissue:
 - Subepithelial connective tissue graft
 - Palate vs tuberosity
- Allogenic grafts: acellular dermal matrix (ADM)
- Xenograft:
 - Form-stable cross-linked collagen matrix
 - Native collagen matrix
- Platelet Rich Fibrin (PRF)
 - Solid matrix PRF
 - iPRF injectable liquid PRF
 - Centrifugation protocol and rationale

Surgery:

- Vestibular Incision Subperiosteal Tunnel Access (VISTA) rationale and protocol
- Donor tissue harvesting and processing

Orthodontic therapy:

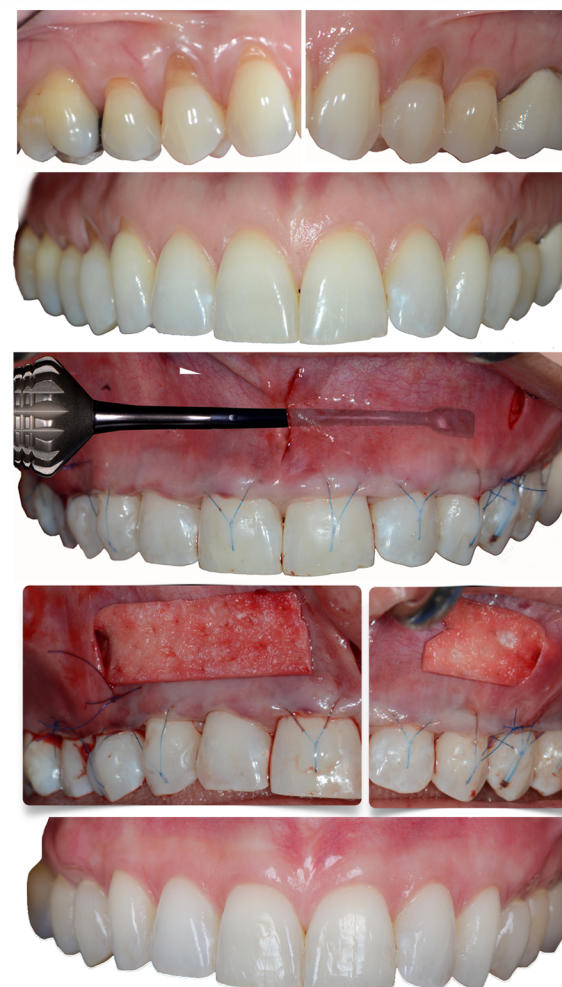
- Adjunctive orthodontic for gingival margin and interdental embrasure space management
- Orthodontic therapy
- Clear aligner therapy

Complications:

- Prevention and management

Pre- and post-operative Care:

- Antibiotics and antiseptics
- Anti-inflammatory agents & Supplements



Live Interactive Hands-on Workshop simulated Exercises

- VISTA for treatment of gingival recession
- VISTA Tunnel elevation: step-by-step
- Coronally anchored suture technique
- Donor tissue harvesting techniques:
 - Lateral palate tissue harvesting
 - Tuberosity tissue harvesting & processing

Video surgery demonstration

- VISTA for treatment of gingival recession defect
- Donor tissue harvesting
- Platelet Rich Fibrin (PRF): Preparation, Liquid or Solid matrix PRF, PRF-functionalized tissue grafts

EDUCATIONAL FORMAT - online course

This is a course with blended learning. Some lectures are available online and can be accessed on-demand. There are also live online lectures and hands-on workshops with opportunity to directly interact with the faculty and receive feedback on the workshop simulated exercises. All materials for hands-on workshops will be shipped to participants to allow for completion of workshops.
-Recorded lectures: with on-demand access
-Live interactive hands-on workshops

Schedule

Online lectures accessed on-demand: 4 hours

Live lecture: June 26, 8:00-10:00 AM (Los Angeles time)

Live hands-on workshop: June 27, 8:00-10:00 AM (PST)

CE units: 8 hours

Tuition: \$995 for this course (June 26-27)

\$1695 for 2 courses: VISTA Perio Plastic surg June 26-27 + Peri-implant plastic surgery July 17-18

Registration includes:

- On-demand access to 4 hours of online course lectures
- Live lecture (2 hrs) and live hands-on workshop (2 hrs)
- 2-way shipping of all course material
- Simulation model
- Instruments and workshop material

Credit card authorization for \$1500 will be obtained but no charges will be submitted. If instruments are received back within 14 days after course, no additional charges will be made. If the instruments are not received within 14 days after the workshop, \$1500 will be charged.

Cancellation policy:

Prior to shipment of course material, tuition refund is subject to \$50 processing fee.
After shipment of course material, tuition refund is subject to \$200 processing fee, if course material are received within 14 days.

www.learnVISTA.com

VISTA Institute for
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