



Evidence Based protocols in **Soft Tissue Augmentation**

with

VISTA

Official Certification

Nov 13-14, 2021

Homa H. Zadeh

Lecture • Hands-on Workshop • Live Surgery *In-person* • *Remote online*



Homa H. Zadeh, DDS, PhD

Dr. Zadeh is a diplomate of the American Board of Periodontology and fellow of the American Academy of Esthetic Dentistry. He received his Doctor of Dental Surgery degree from the University of Southern California (USC) Ostrow School of Dentistry. He has also completed advanced clinical education in periodontology and earned a PhD degree in immunology from the University of Connecticut School of Medicine and School of Dental Medicine. Dr Zadeh maintains a private practice limited to periodontology and implant surgery in Southern California.

Course Description

Vestibular incision subperiosteal tunnel access (VISTA) can be used in oral plastic surgery (OPS) to address a variety of soft tissue and bone deficiencies around teeth and implants. The concept of VISTA is very well aligned with plastic surgical principles, offering many surgical advantages, including (1) ease of release of tissues for tension-free mobilization of mucosal tissues to be repositioned, (2) access for placement of a variety of graft material directly over deficient sites, (3) avoidance of the need for papilla incision, and (4) stabilization of tissues with bonded sutures for effective regeneration. In addition, there are biologic advantages, such as preservation of the blood supply and enhanced healing. This course will offer practical, technical and clinical experience with advanced applications of VISTA for periodontal and peri-implant soft tissue reconstruction.

Educational Objectives

Case selection:

- Gingival/peri-implant recession defects
- Contour deficiencies
- Mucosal phenotype (biotype)

Protocol selection:

- Sequencing of VISTA mucosal augmentation with other planned therapy:
 - Extraction, implant, restoration
 - Alveolar ridge augmentation
 - Orthodontics

Risk assessment:

- Patient and site characteristics
- Management of patient/site risks
- Anatomic considerations and risks

Biology of wound healing:

- Biology of wound healing using various graft material

Material selection:

- Autogenous mucosal tissues:
 - Subepithelial connective tissue graft
 - Palate vs. tuberosity
- Allogenic grafts: acellular dermal matrix (AlloDerm)
- Xenogenic collagen matrices:
 - Form-stable cross-linked collagen matrix (Fibro-Gide®)
 - Native collagen matrix (Mucograft®)

- Platelet-rich fibrin (PRF)
 - Solid matrix PRF
 - iPRF injectable liquid PRF
 - Centrifugation protocol and rationale

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Surgery:

- Treatment of advanced and generalized gingival recession defects with VISTA
- VISTA protocol for guided tissue regeneration
- Applications of VISTA for peri-implant tissue augmentation
- Contour augmentation of peri-implant and pontic sites
- Phenotype conversion therapy with VISTA

Orthodontic therapy:

- Adjunctive orthodontics for gingival margin and interdental embrasure space management
- Conventional orthodontics vs. clear aligner therapy

Complications:

- Prevention and management

Pre- and post-operative care:

- Antibiotics and antiseptics
- Analgesics
- Anti-inflammatory agents
- Nutritional and herbal supplements

Hands-On Workshop Simulated Exercises

- Advanced applications of VISTA for:
 - Treatment of multiple gingival recession defects
 - Peri-implant mucosal recession defect correction
 - Implant placement and mucosal augmentation
 - Phenotype conversion therapy with VISTA
 - Peri-implant contour augmentation
- Donor tissue harvesting: tuberosity and palate
- Biomaterial use: xenograft and allograft
- Platelet-rich fibrin (PRF)
 - Solid matrix PRF
 - iPRF injectable liquid PRF

Live Surgery Demo

- VISTA for peri-implant mucosal augmentation
- Platelet-rich fibrin (PRF) preparation and application
- Donor tissue harvesting and application

Educational Format

This course offers a flexible educational format to accommodate all clinicians' needs and interests.

Participation may take place either:

- In-person or remotely (held over Zoom)
- Live or on-demand
- Lecture only or lecture plus hands-on workshops

Regardless of mode of participation, online resources are available to supplement live lecture material. This information is accessible on an on-demand basis.

CE units

- 16 hours of live lecture + hands-on workshop and live surgery demonstration
- 4 hours of on-demand online education

Schedule for live sessions (Nov 13-14, 2021)

7:00 AM to 8:00 AMRegistration & Breakfast
8:00 AM to 10:00 AM Lecture
10:00 AM to 10:30 AM Break
10:30 AM to 12:30 PM Lecture
12:30 PM to 1:30 PM Lunch
1:30 PM to 3:30 PMHands-On Workshop
3:30 PM to 5:00 PM Live Surgery Demo

Tuition

- \$1995 Live in-Person: Lecture + Workshop
- \$1495 Remote Learning: Lecture + Workshop
- \$995 Remote Learning: Lectures Only

Tuition for remote workshops includes two-way shipment of all supplies to allow participants to complete the workshops in their own facility.

VISTA Provider Certification

Clinicians who complete this course will receive official VISTA certification.

VISTA-certified providers will receive a VISTA official certificate and logo and can professionally promote themselves as official VISTA-certified providers.