



Introduction to

for ORAL PLASTIC SURGERY

Sat May 1, 2021

Lecture • Hands-on Workshop • Live Surgery *In-person* • *Remote online*



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Dr. Zadeh is a diplomate of the American Board of Periodontology and fellow of the American Academy of Esthetic Dentistry. He received his Doctor of Dental Surgery degree from the University of Southern California (USC) Ostrow School of Dentistry. He has also completed advanced clinical education in periodontology and earned a PhD degree in immunology from the University of Connecticut schools of dental medicine and medicine. Dr. Zadeh maintains a private practice limited to periodontology and implant surgery in Southern California.

Course Description

Oral plastic surgery (OPS) represents reconstructive and regenerative surgical procedures dedicated to the repair of inflammatory, traumatic and neoplastic oral defects. These procedures are intended to restore health, function, comfort and aesthetics. Oral plastic surgery seeks to improve surgical outcomes by focusing on preserving the blood supply during surgical intervention and respecting biological concepts that pertain to treatment. Another difference with conventional surgical procedures is that oral plastic surgery conceals evidence of surgical intervention with indiscernible scar formation. Vestibular incision subperiosteal tunnel access (VISTA) is optimally suited for OPS to reconstruct and regenerate periodontal and peri-implant soft tissues. The principles on which the VISTA technique are based have been thoughtfully designed to be consistent with plastic surgical principles. This course will introduce the concepts of oral plastic surgery in an effort to improve all surgical outcomes. The main focus of this course is to introduce clinicians to the principles of VISTA, including the rationale, details of the entire protocol and the step-by-step technique. This course will provide practical experience to be able to implement the technique for simple applications. The rationale, scientific evidence and material selection for various therapeutic approaches will be discussed.

Educational Objectives

Diagnosis:

- Classification of gingival recession defects and relationship to outcome

Risk Assessment:

- Patient and site characteristics
- Management of patient/site risk factors/indicators
- Anatomic considerations and risk factors/indicators
- Parameters that influence therapeutic outcome

Evidence-Based Therapy:

- Efficacy of periodontal root coverage using various techniques and material
- Long-term outcomes

Biology of Wound Healing:

- Biology of wound healing

Material Selection:

- Sources of autogenous tissue:
 - Subepithelial connective tissue graft
 - Palate vs. tuberosity
- Allogenic grafts: acellular dermal matrix (Alloderm)
- Xenografts:
 - Distinctions between collagen barrier membrane and collagen matrix
 - Form-stable cross-linked collagen matrix (FibroGide)
 - Native collagen matrix (Mucograft)

- Platelet rich fibrin (PRF)
 - Introduction and application in VISTA

Therapeutic Objectives

- Phenotype modification therapy (PMT)
- Periodontal root coverage
- Aesthetic objectives

Surgery:

- VISTA rationale
- Step-by-step complete VISTA protocol for gingival recession therapy
 - Vestibular incision: rationale and guidelines
 - Subperiosteal tunneling: rationale and technique
 - Bonded suturing: rationale and technique
- Surgical anatomy
- Anatomic considerations that modify protocol:
 - Maxilla vs. mandible
 - Anterior vs. posterior

Complications:

- Prevention and management

Pre- and Post-Operative Care:

- Antibiotics and antiseptics
- Anti-inflammatory agents and supplements
- Removal of bonded sutures

Hands-on Workshop Simulated Exercises

- Step-by-step protocol for vestibular incision subperiosteal tunnel access (VISTA) for teeth/implants
 - Incision location
 - Subperiosteal tunnel protocol
 - Coronally anchored suturing technique
- Donor tissue harvesting: palate and tuberosity
- Xenograft and allograft applications

Live Surgery Demo

- VISTA for periodontal root coverage
- Platelet rich fibrin (PRF) preparation and application
- Donor tissue harvesting and application

Educational Format

This course offers a flexible educational format to accommodate all clinicians' needs and interests.

Participation may take place either:

- In-person or remotely (held over Zoom)
- Live or on-demand
- Lecture only or lecture plus hands-on workshops

Regardless of mode of participation, online resources are available to supplement live lecture material. This information is accessible on an on-demand basis.

Tuition

- \$995 Live In-Person: Lecture + Workshop
- \$895 Remote Learning: Lecture + Workshop*
- \$495 Remote Learning: Lectures Only

CE units

- 8 hours of live lecture + hands-on workshop and live surgery demonstration
- 4 hours of on-demand online education

Course bundle: Intro (May 1, 2021) and Advanced (May 2, 2021) VISTA courses: save 20% off of combined tuition.

***Tuition** for remote workshops includes two-way shipment of all supplies to allow participants to complete the workshops in their own facility.

VISTA ABC kit voucher: Clinicians who participate in both "Introduction" (May 1, 2021) and "Advanced" (May 2, 2021) courses will receive a voucher for 20% discount on VISTA-ABC kit.

**Schedule for Live event:
Sat May 1, 2021**

7:00 AM to 8:00 AM Registration and Breakfast (Served outside)
8:00 AM to 10:00 AMLecture
10:00 AM to 10:30 AMBreak
10:30 AM to 12:30 PMLecture
12:30 PM to 1:30 PM ... Lunch
1:30 PM to 3:30 PM Hands-on Workshop
3:30 PM to 5:00 PM Live Surgery Demo

VISTA Provider Certification

Clinicians who complete both “Introduction” (May 1, 2021) and “Advanced” (May 2, 2021) courses will receive official VISTA certification.

VISTA-certified providers will receive the VISTA official certificate and logo and can professionally promote themselves as “official VISTA-certified providers.”

For registration and details of all policies, including refund and cancellation, see
www.learnVISTA.com