



Introduction to for ORAL PLASTIC SURGERY

Online On-Demand

Lecture • Hands-on Workshop • Surgical demonstrations



Homa H. Zadeh, DDS, PhD

Dr. Zadeh is a diplomate of the American Board of Periodontology and fellow, American Academy of Esthetic Dentistry. He received his doctor of dental surgery degree from the University of Southern California (USC) Ostrow School of Dentistry. He has also completed advanced clinical education in Periodontology and earned a PhD degree in immunology from the University of Connecticut, Schools of dental medicine and medicine. Dr Zadeh maintains a private practice limited to periodontology and implant surgery in Southern California.

Course Description

Oral Plastic Surgery (OPS) represents reconstructive and regenerative surgical procedures dedicated to repair of inflammatory, traumatic and neoplastic oral defects. These procedures are intended to restore health, function, comfort and esthetics. Oral plastic surgery seeks to improve surgical outcomes by focusing on preserving the blood supply during surgical intervention and respecting biological concepts that . Another difference with conventional surgical procedures is that oral plastic surgery conceals evidence of surgical intervention with indiscernible scar formation. Vestibular Incision Subperiosteal Tunnel Access (VISTA) is optimally suited for OPS to reconstruct and regenerate periodontal and peri-implant soft tissues. The principles on which the VISTA technique are based have been thoughtfully designed to be consistent with plastic surgical principles. This course will introduce the concepts of oral plastic surgery in an effort to improve all surgical outcomes. The main focus of this course is to introduce clinicians to the principles of VISTA, including the rationale, details of the entire protocol, and the step-by-step technique. This course will provide practical experience to be able to implement the technique for simple applications. The rationale, scientific evidence and material selection for various therapeutic approaches will be discussed.

Educational Objectives

Diagnosis:

- Classification of gingival recession defects and relationship to outcome

Risk Assessment:

- Patient and site characteristics
- Management of patient/site risk factors/indicators
- Anatomic considerations and risk factors/indicators
- Parameters that influence therapeutic outcome

Evidence Based Therapy:

- Efficacy of periodontal root coverage using various techniques and material
- Long-term outcomes

Biology of wound healing:

- Biology of wound healing

Material Selection:

- Sources of autogenous tissue:
 - Subepithelial connective tissue graft
 - Palate vs tuberosity
- Allogenic grafts: acellular dermal matrix (Alloderm)
- Xenografts:
 - Distinctions between collagen barrier membrane and collagen matrix
 - Form-stable cross-linked collagen matrix (FibroGide)
 - Native collagen matrix (Mucograft)

- Platelet Rich Fibrin (PRF)
 - Introduction and application in VISTA

Therapeutic objectives

- Phenotype modification therapy (PMT)
- Periodontal root coverage
- Esthetic objectives

Surgery:

- VISTA rationale
- Step-by-step complete VISTA protocol for gingival recession therapy
 - Vestibular incision: rationale and guidelines
 - Subperiosteal tunneling: rationale & technique
 - Bonded suturing: rationale and technique
- Surgical anatomy
- Anatomic considerations that modify protocol:
 - Maxilla vs mandible
 - Anterior vs posterior

Complications:

- Prevention and management

Pre- and post-operative Care:

- Antibiotics and antiseptics
- Anti-inflammatory agents & Supplements
- Removal of bonded sutures

Optional Hands-on Workshop Simulated Exercises	Surgical Demo
<ul style="list-style-type: none"> • Step-by-step protocol for Vestibular Incision subperiosteal tunnel access (VISTA) for teeth/implants <ul style="list-style-type: none"> ○ Incision location ○ Subperiosteal tunnel protocol ○ Coronally anchored suturing technique • Donor tissue harvesting: palate and tuberosity • Xenograft and allograft applications 	<ul style="list-style-type: none"> • VISTA for maxillary anterior periodontal root coverage • Platelet Rich Fibrin (PRF) preparation and application

Educational Format

This course has online on-demand educational format to accommodate all clinicians' needs and interests. Participation may take place either:

- Lecture only
- lecture plus optional hands-on workshops

Regardless of mode of participation, online resources are available to supplement lecture material. This information is accessible on an on-demand basis.

- Questions can be submitted by email for response
- Feedback on hands-on workshop may be sought by submitting images or videos of models

Tuition	CE units
<ul style="list-style-type: none"> • \$695 On-demand Learning: Lecture + Workshop* • \$495 on-demand Learning: Lectures Only 	<ul style="list-style-type: none"> • 8 hours of lecture + optional hands-on workshop and surgery demonstration

Course bundle: Intro and Advanced online VISTA courses: save 20% off of combined tuition.

***Tuition** for remote workshops includes two-way shipment of all supplies to allow participants to complete the workshops in their own facility.

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