



SCHEDULE

Saturday, February 8, 2020

Maria Perno Goldie	8:00 am
Break	9:40 am
Maria Perno Goldie	10:10 am
Satish Kumar	11:10 am
Lunch	12:45 pm
Shoko Sato	2:00 pm
Julio Moreno.....	2:30 pm
Lynn Atkinson	3:00 to 4:00 pm

Seven (7) hours of continuing education credit will be provided.
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SEMINAR LOCATION

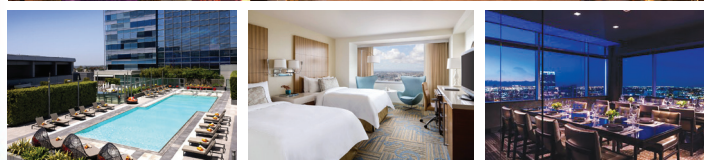
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This lecture course is appropriate for dentists, hygienists,
dental assistants and the entire dental team.

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of credit hours by boards of dentistry. VISTA Institute designates this activity
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Inaugural Southern California Consensus Symposium

DENTAL HYGIENISTS FORUM



Los Angeles

Saturday • February 8, 2020

***Oral Healthcare Outlook for 2020 and Beyond:
Trends that could Impact Patients***

Maria Perno Goldie

***Trends in Periodontal and Peri-Implant
Disease Diagnosis & Treatment***

Satish Kumar

Trends in the Treatment of Gingival Recession

Shoko Sato

***Trends in the Treatment of Excessive
Gingival Display***

Julio Moreno

***Diode Lasers in Hygiene for
More Predictable Outcomes***

Lynn Atkinson

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FEATURED SPEAKERS



MARIA PERNO GOLDIE, RDH, BA, MS

Maria graduated from the University of Pennsylvania, School of Dental Hygiene & is the recipient of the 1999 University of Pennsylvania Dental Hygiene Alumni Achievement Award. She is also a 2003 winner of the Pfizer/ADHA Award for Excellence in Dental Hygiene and the 2011 Alfred C. Fones Award. She earned her BA in Health Services Administration from Saint Mary's College and a MS in Health Science from San Francisco State University. Maria is a graduate of the 2004-2006 fellowship of the California Health Care Foundation's (CHCF) Health Care Leadership Program, administered by the Center for Health Professions at the University of California, San Francisco. She is a member of the American Academy of Dental Hygiene (AADH) and an Honorary Member of Sigma Phi Alpha, the National Dental Hygiene Honor Society. Maria

has been visiting faculty at the University of Rome for the Interdisciplinary Master's Degree Program in Advanced Technologies in the Sciences of Oral Hygiene, and at the University of Pisa.



SATISH S. KUMAR, DMD, MDSC, MS

Dr. Kumar's educational background includes advanced specialty training in periodontics, oral medicine, temporomandibular disorders and orofacial pain, all at the Ostrow School of Dentistry of University of Southern California, Los Angeles. Dr. Kumar is a board-certified specialist and is a Diplomate of the American Board of Periodontology, the American Board of Oral Medicine, and the American Board of Orofacial Pain. Dr. Kumar also has a vast experience in teaching and mentoring dental students and residents since 2007. He currently serves as an Associate Professor and Director of Periodontics at the Arizona School of Dentistry and Oral Health (ASDOH), A.T. Still University in Mesa, Arizona. Prior to joining ASDOH, Dr. Kumar taught and provided patient care at the Ostrow School of Dentistry of University of Southern California and

at the University of Pittsburgh, School of Dental Medicine. Dr. Kumar is a certified evidence reviewer by the ADA Center for Evidence-Based Dentistry (EBD) where he also teaches the practice of applying best available clinical research evidence to patient care. He is an invited lecturer and provides continuing education courses in his areas of clinical expertise throughout the country. He has won several awards for his efforts in education as well as research including American Academy of Periodontology (AAP) Foundation's Educator Scholarship and AAP's Balint Orban Memorial Award. Dr. Kumar has published about 60 original articles, reviews, critical summaries and book chapters. He serves as a peer-reviewer for several leading academic journals. Dr. Kumar is a member of American Academy of Periodontology, Western Society of Periodontology, American Dental Association, Arizona Dental Association, Central Arizona Dental Society, and American Dental Education Association. Dr. Kumar provides care of private patients on a part-time basis at the Greater Phoenix Periodontics and Implants, Mesa, AZ.



SHOKO SATO, DDS, MS

Dr Shoko Sato completed her dental education and earned DDS degree at Shoa University of Tokyo, Japan. Dr Sato completed Advanced Education in Periodontology at the University of Southern California (USC), Ostrow School of Dentistry (2014). In addition, she achieved Master of Science degree in Craniofacial Biology at USC. Her thesis project was entitled "Two-dimensional analysis of root coverage outcomes of three coronal advancement methods for the treatment of multiple gingival recession defects". She is currently in full time private practice limited to periodontology and implant surgery in Seattle, Washington.



JULIO MORENO, BDS, MS

Dr Julio Moreno completed his dental education and earned BDS degree at Complutense University of Madrid, Spain (2015). Dr Moreno completed Advanced Education in Periodontology at the University of Southern California (USC), Ostrow School of Dentistry (2019). In addition, he achieved Master of Science degree in Craniofacial Biology at USC. His thesis project was entitled "Patient reported outcomes measures (PROMs) and analgesic use of three coronal advancement methods for the treatment of multiple gingival recession defects". He is currently a resident in the Implant Periodontal-Prosthodontics Program at the University of Maryland School of Dentistry.



LYNN ATKINSON, RDH

Lynn Atkinson has been a Registered Dental Hygienist for 30 years. She graduated from Cypress College with a degree in Dental Hygiene in 1989 and was fortunate enough to be a part of several dental teams that incorporated state of the art technology. Since her initial training and certification in dental lasers in 1996, Lynn has been actively applying the use of dental lasers in hygiene on a daily basis. Lynn went on to achieve the Standard Proficiency Certification through the Academy of Laser Dentistry in 2013 and the Advanced Proficiency Certification Parts I and II in 2019.

Lynn is currently practicing four days a week and is training doctors, hygienists, and team members on the use of lasers along with strategies to incorporate dental lasers into their protocol. She has a true passion for dental lasers due to the exceptional results that she has observed over the years. Lynn is an active member of the Academy of Laser Dentistry, the American Dental Hygiene Association, and is a Hygiene Member on the Biolase Advisory Board.

Lynn is married with four children in college and lives in Torrance where she was born and raised.

REGISTRATION FORM & FEES

Registration
postmarked after
11/23/19
will require an
additional fee of \$10
per person.

DENTAL HYGIENE DAY - 7 CE Unit
MARIA PERNO GOLDIE (keynote), MARCELO FREIRE, Before Dec. 1st, 2019 After Dec. 1st, 2019

☐ \$195 ☐ \$245

SATISH KUMAR, JULIO MORENO, SHOKO SATO

Saturday, February 8, 2020

★ THIS IS A GREAT PROGRAM FOR DOCTORS, HYGIENISTS, AND OFFICE STAFF ★

Course Registration Cancellations: The fee, less a \$35 per person processing charge, will be refunded if cancellation is made earlier than 30 days prior to the event. Cancellations made within 30 days of the event will be charged \$100 cancellation fee. No refund will be made for cancellations made on the day of the event. Please register online at www.learnVISTA.com

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PROGRAM

Oral Healthcare Outlook for 2020 and Beyond: Trends That Could Impact Patients

Maria Perno Goldie, RDH, BA, MS

Course Description:

In recent decades, we have observed enormous technological advancements, which is driving health-care in many ways. Oral healthcare is no exception, from new midlevel providers to new self-care tools. This presentation will review current protocols in preserving implant health and the treatment of peri-implantitis, including the new classification scheme for periodontal and peri-implant diseases and conditions. We will discuss the evolution of caries diagnosis and the paradigm shift in its management. The clinical management of xerostomia will be addressed, consistent with the findings of published systematic reviews. New products such as personalized, automated brushing tools will be showcased. In addition, we will mention artificial Intelligence, CRISPR, augmented reality, 3D-printing, and teledentistry.

Trends in Periodontal and Peri-Implant Disease Diagnosis & Treatment

Satish S. Kumar, DMD, MDSc, MS

Course Description:

This lecture will provide an overview of the major highlights from the recent world workshop on the classification of periodontal and peri-implant diseases and conditions. New definitions and descriptive terminology introduced in this new classification will be discussed with the scientific rationale behind these changes. Staging and grading of periodontitis which aids in personalized treatment approaches to patients incorporating severity of disease, complexity of treatment, rate of progression, and risk factors of smoking and diabetes, will be discussed.

Trends in the Treatment of Gingival Recession - When Is Referral Necessary?

Shoko Sato, DDS, MS

Course Description:

Gingival recession is a common periodontal defect. Soft tissue graft procedures are highly predictable procedure to treat muco-gingival defects. This lecture will describe how to identify gingival recession that is at a risk for further breakdown. The possible etiologies, the various way of treating the gingival recessions will be also discussed. The first step of treatment is to identify gingival recession. Early identification will often result in a simple procedure with a predictable result.

It is important for all members of the dental team understand the thought process of how to identify recessions and mucogingival defects so that all dental practitioners can help explain to patients the diagnosis and treatment options for the best and most predictable outcomes.

Topics Include: Diagnosis of mucogingival problems, When to perform soft tissue graft, Who are the acceptable candidates, What are the treatable defects, What are the available and most predictable techniques, Rational for mucogingival surgery, Indications for mucogingival surgery, Free gingival graft technique, Connective tissue graft technique

Trends in the Treatment of Excessive Gingival Display

Julio Moreno, BDS, MS

Diode Lasers in Hygiene for More Predictable Outcomes

Lynn Atkinson, RDH

Course Description:

Knowledge and proper understanding of Diode lasers in hygiene is imperative in the integration of lasers into practices. Lynn Atkinson RDH has used diode lasers for the last 25 years with impressive treatment acceptance, patient satisfaction and positive outcomes. Join us for a presentation with clinical case studies and learn how to involve your entire team in this exciting technology.

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